## THE IMPORTANCE OF FOLLOWING YOUR OBESITY TREATMENT

### YOUR HEALTH AND WELLBEING ARE OUR PRIMARY CONCERN

The past few months have been extremely difficult and worrying for everyone affected by obesity. However, treatment is once again becoming available.

Hospitals, clinics and specialist centres are gradually opening again and although some may have waiting lists, you need to persist to ensure you receive the proper care you deserve. The longer you leave it, the more challenging it can become.

We urge you to maintain any treatment you have already been prescribed, and to contact your healthcare provider to ensure you are aware of all of your treatment and management options.





### WE UNDERSTAND YOUR CONCERNS

### HEALTHCARE PROVIDERS HAVE GONE TO GREAT LENGTHS TO ENSURE A SAFE ENVIRONMENT

It is understandable that you may be concerned about the safety and cleanliness of hospitals and clinics as a result of COVID-19.

But please don't be afraid, and don't postpone your planned treatment.

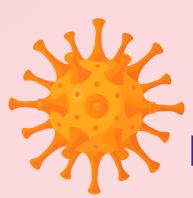
The hospitals and clinics that have now re-opened for consultations and elective surgery have put very strict measures in place to ensure your safety. This is also in the best interests of their own staff and of the reputation they need to protect.

Healthcare professionals are also aware that many patients living with obesity have likely gained weight during lockdown. They are ready and waiting to speak with you to find a solution or treatment option to suit your needs.

A guide for obesity patients produced by the European Coalition for People Living with Obesity (ECPO) and the European Association for the Study of Obesity (EASO)







# IT IS IMPORTANT THAT YOU CALL YOUR HEALTHCARE PROVIDER AS SOON AS POSSIBLE

#### **QUESTIONS YOU SHOULD BE ASKING**

- What measures have you put in place to keep me safe from COVID-19?
- Will I be in part of the hospital where there are COVID-19 patients?
- I was previously receiving pre-operative consultations for bariatric surgery.
   Will I need to start all over again?
- What do I need to do before I come in for an appointment?
- Do I need to attend my next consultation or can it be done by telephone?
- I have put on weight since my last consultation. Will that make any difference?
- Will I still be eligible for reimbursement?
- I am concerned whether I can still afford the treatment. Is there anything that can be done to help?
- Will I still have the same team looking after me?
- What follow-up care will I receive?





